

Attached list 3: Characterization of data from Furlan AD (2010) review: articles from China (showing cure rate)

<u>Authors</u>	Diseases	Way of treatment	Course dose	Total dose	Experiment groups	Number of participants	Number of cured cases	Cure rate
Lai, Y (2004) ²	Acute LBP	once a day for 20 times	1.00	20.00	Xi Acupont + Traditional Acupoints	41	20	48.8%
					Traditional Acupoints	35	10	28.6%
Lian, N. (2005) ³⁵	Chronic LBP	Once every other day for 5-7 days as a course. Total 2 courses.	0.50	5.00	Dermal needle	88	37	42.0%
					Body Acup	91	27	29.7%
Chen, MZ (2005) ⁵⁰	Mixed LBP	Once a day. 10-session is one course. Have a 4-day break before next course.	1.00	30.00	Warm needle	30	17	56.7%
					nimesulide	30	8	26.7%
					Acupoint injection	30	6	20.0%
Liang, SY (2008) ⁵¹	Mixed LBP	once every 2 day, 10 sessions as a course, total 2 courses.	0.50	10.00	Tendon-Muscle Picking Therapy	56	18	32.1%
					E-Acup	56	9	16.1%
Hua-Sheng Tang (2008) ⁵²	Mixed LBP	Once a day. 10-session is one course. Totally 4 courses	1.00	20.00	<u>Acup following meridian</u>	<u>85</u>	53	62.4%
					Traditional Acup	80	31	38.8%
Rui,ping She (2008) ⁵³	Mixed LBP	40 min each time. Once a day. 10-session is one	0.67	13.33	Strengthening four-point deep insert	140	116	82.9%

		course. Have 5 days break before next course.			Traditional Acup	139	65	46.8%
Mu, JP (2007)54	Mixed LBP	30 min. Once a day, continu for 3 weeks.	1.00	21.00	Combined group	38	18	47.4%
					Jia-ji acupoint E-Acup	40	10	25.0%
					Laser knigh-needle	37	13	35.1%
Qian-mei, Wu (2007)55	Mixed LBP	Three times a week. 7-session is one course, total 3 courses.	0.43	9.00	Acup (deep insert)	66	49	74.2%
					Traditional Acup	50	16	32.0%
He, X (2007)56	Mixed LBP	30 min. Once a day for 15 days.	1.00	15.00	Warm needle	39	29	74.4%
					Traditional Acup	39	16	41.0%
Zhou, YL (2006)57	Mixed LBP	This one is to test one time acup. For starat time and maintain time of analgecial effect.						
Zhang, BM (2008)58	Mixed LBP	20 min. Once a day. 10-session is one course. Have a 5-day break before next course. Totally 2 courses.	0.67	13.33	E-Acup	98	43	43.9%
					MOBIC	96	22	22.9%
Huang, GF (2006)59	Mixed LBP	30 min. Once a day. 10-session is one course. Have a 3-day break before next course. Totally 2 courses.	0.77	15.38	Jia-ji acupoint E-Acup	36	13	36.1%
					Traditional Acup	32	6	18.8%

Wang, N (2007)60	Mixed LBP	30 min. 6 sessions are one course. Have 1 day break before next course. Totally 4 courses.	0.86	24.00	Acup + traction	45	23	51.1%
					Traction	45	11	24.4%
Li, DJ (2006)61	Mixed LBP	Once every 3 days. For 2 weeks	0.33	1.33	Traction	80	32	40.0%
					Warm-needle Acup	80	31	38.8%
					Combined group	80	49	61.3%
Wang, YQ (2005)62	Mixed LBP	Once a day for 10 day as one course. Have a break for 2-3 day before next course.	0.83	16.67	Abdomen Acup	30	3	10.7%
					Abdomen Acup + Tuina	28	7	23.3%
Chen XS (1998)64	Mixed LBP	Once or twice a day for 1-3 weeks	#REF!	#REF!	(Data not available)			
Jia, Chao (2004)65	Mixed LBP	30 min. Once a day for 10 days. Totally 2 courses.	1.00	20.00	Deeply-acup on Jiaji acupoint + acupoint-injection	45	35	77.8%
					Acup on back-shu acupoint + acupoint-injection	37	19	51.4%
Yuan, X (2006)66	Mixed LBP	Once a day, for 40 days	#REF!	40	(Data not available)			
Ye, Z (2004)67	Mixed LBP	Once a day. 10-session is one course. Have a 3-5day break before next. Totally 6 courses.	0.67	40.00	Knife-needle Acup	30	19	63.3%
					E-Acup	26	9	34.6%
Ding, X (2002)68	Mixed LBP	Once a day for 5 days. Have a 2-day break	0.71	14.29	Acupoint injection on healthy side +Acup	34	21	61.8%

		before next. Totally 20 sessions.			Acupoint injection on sick side +Acup	34	0	0.0%
Zhang, D (2002)69	Mixed LBP	Once a day for 10 days. Have a 3-5day break before next. Totally 6 weeks.	0.67	40.00	Acup + Tuina	96	53	55.2%
					Acup	84	26	31.0%
					Tuina	98	34	34.7%
Zhang, ZY (2002)70	Mixed LBP	Twice a week. 10-session is one course.	0.29	5.71	Acup + Tuina	30	19	63.3%
					Tuina	31	15	48.4%
Ye, D (2002)71	Mixed LBP	Once a day. 10-session is one course. Totally 3 courses.	1.00	30.00	E-Acup, Tuina, Traction	20	11	55.0%
					E-Acup + Traction	20	3	15.0%
					Tuina	20	6	30.0%
Chen, XK (2001)72	Mixed LBP	30 min, Once a day for 10 days, then once every other day for 20 days. 30-session is one course.	1.00	20.00	E-Acup + Tuina	80	51	63.8%
					E-Acup + Traction	80	30	37.5%
Yao, Z (2007)73	Mixed LBP	Once a day for 6 days, have a break for 1 day. Continue for 3 courses.	0.86	15.43	Jia-ji Acupoint + wrist-ankle Acup	62	8	12.9%
					E-Acup	54	6	11.1%
Chen, X (2007)74	Mixed LBP	Once a day for 10 days. 10-session is one course.	0.77	15.38	E-Acup + deep Jia-ji Acupoint	44	32	72.7%

		Have a 3-day break. Totally 2 courses.			E-Acup + shallow Jia-ji Acupoint	44	22	50.0%
Zeng, Y (2007)75	Mixed LBP	Once a day for 10 days, for 20 days.	1.00	20.00	Abdomen Acup	67	48	71.6%
					Acup	66	35	53.0%
Zhong, B (2006)76	Mixed LBP	30 min, once a day, 10 days as one course, for 2 courses.	1.00	20.00	Abdomen Acup, body Acup, Traction	32	9	28.1%
					Body Acup, Traction	28	5	17.9%
Qu, Y (2006)77	Mixed LBP	30 min, once a day for 7 days	1.00	14.00	Warm needle Acup	60	49	81.7%
					E-Acup	60	35	58.3%
Ye, L (2004)78	Mixed LBP	30 min. Once a day. 10- session is one course. Have a 2-day break before next course. Totally 2 courses.	0.83	16.67	Embedding under skin	49	20	40.8%
					E-Acup	49	12	24.5%
Wang, Y (2004)79	Mixed LBP	30 min. Once a day. 10- session is one course. Have a 2-day break before next course. Totally 2 courses.	1.00	10.00	Penetrating-through Acup	66	44	66.7%
					E-Acup	45	21	46.7%
Zhou, Z (2004)80	Mixed LBP	30 min. Once a day. 6- session is one course.	0.86	20.57	Abdomen Acup	42	28	66.7%

		Have one day break. Totally 4 courses.			Shallow Acup on back + TDP	40	9	22.5%
Chu, J (2004)81	Mixed LBP	30 min. Once a day. 10- session is one course. Have a 3-day break. Totally 2 courses.	0.77	15.38	Scalp Acup + Tuina	25	15	60.0%
					Tuina	25	10	40.0%
Wu, Y (2004)82	Mixed LBP	60 min. Once a day. 10- session is one course. Have a 3-day break. Totally 3 courses.	0.77	23.08	Abdoman Acup	62	44	71.0%
					Acup	52	25	48.1%
Zhu, Q (2003)83	Mixed LBP	30 min. Once a day. 6- session is one course. Totally 30 days.	0.86	25.71	Acup + traction	31	11	35.5%
					Acup	29	3	10.3%
Zhang, HL(2003)84	Mixed LBP	Once a day. 15-session is one course. Have a 3-day break. Totally 3 courses.	0.83	37.50	E-Acup + Traction	60	22	36.7%
					Traction	60	12	20.0%
Zhou, Q (1998)85	Mixed LBP	Once a day, for 30 days	#REF!	30	(Data not available)			
Xia, F (1997)86	Mixed LBP	Once every 2 day, for 10 days	#REF!	#REF!	(Data not available)			
Li, Q (1997)87	Mixed LBP	1 to 2 times a day for 10 days	#REF!	#REF!	(Data not available)			
Ding, Y (1998)88	Mixed LBP	Once a day for 10 days	1.00	10.00	Deep-exploring Acup	35	22	62.9%

					Acup	19	4	21.1%
Luo, SY (2007)89	Mixed LBP	not clear			Scalp Acup + traction	56	12	21.4%
					Traction	52	7	13.5%
Peng, Y (2006)90	Mixed LBP	Once a day. 10-session is one course. Have a 2-day break. Totally 2 courses.	0.83	16.67	Round-sharp needle Acup + Tuina	58	38	65.5%
					Acup + Tuina	58	32	55.2%
Zhou, Y (2005)91	Mixed LBP	(This is one time Acup)			Ankle-three-needle Acup	96	镇痛起效时间和维持时间	
					Medicine Acup	48		48
Zhang, Y (2007)92	Mixed LBP	Once a day for 10 days	1.00	10.00	E-Acup	40	20	50.0%
					Danggui acupoint injection	40	23	57.5%
					Ozone acupoint injection	40	29	72.5%
He RY (1997)96	Mixed LBP	Once a day for 20 days	#REF!	20	(Data not available)			
Wang, ZX (2009)98	Mixed LBP	30 min. Once a day. 10-session is one course. Have a 5-day break. Totally 2 courses.	0.67	13.33	TENS	69	31	44.9%
					E-Acup	70	56	80.0%
Wu, YC (2004)99	Mixed LBP	Once a day. 10-session is	0.67	13.33	E-Acup	100	52	52.0%

		one course. Have a 5-day break. Totally 2 courses.			Acup	100	40	40.0%
					Difene capsule	100	42	42.0%
Lv, YX (2006)201	Chronic nec pain	Once a day. 6-session is one course. Have one day break. Totally 2 courses.	0.86	10.29	Deep-exploring Acup	38	30	78.9%
					Acup	34	27	79.4%
Zhao, Z (2004)212	This is for headache	Once every other day. 10-session is once course. Have a 5-day break. Totally 2 courses.	0.50	10.00	Special moxibustion	50	12	24.0%
					Acup	53	8	15.1%
Yang, T (2009)213	Chronic nec pain	Once a day. 10-session is one course. Have a 2-day break. Totally 3 courses.	0.83	25.00	Patch on acupoint	31	14	45.2%
					Acup	29	6	20.7%
Xue B (2007)230	mixed neck pain	20 min. Once a day for 20 days	1.00	20.00	E-Acup	28	10	35.7%
					Acup	26	6	23.1%
Shang, Xiu-kui (2002)231	mixed neck pain	Once a day. 10-session is one course. Totally 3 courses.	1.00	30.00	Four-sky Acup	50	32	64.0%
					Acup	30	9	30.0%
Li, Xiang-hui (2004)232	mixed neck pain	Once a day. 20-session is one course. Totally 2 courses.	1.00	40.00	Da-zhui point Acup	260	182	70.0%
					Neck Jia-ji acupoint Acup	260	156	60.0%
					Traction	260	120	46.2%

Zhang, Honglai (2003)84	mixed neck pain	Once a day. 15-time is one course. Have a 2-day break. Totally 3 courses.	0.88	39.71	E-Acup	60	22	36.7%
					Traction	60	12	20.0%
Zhuang, Li-Xing (2004)233	mixed neck pain	Once a day. One week is a course. Totally 3 courses.	1.00	21.00	Pressure-moxi + E-acup	17	9	52.9%
					Pressure-moxi	17	4	23.5%
Lin, M (2004)234	mixed neck pain	Once a week. Totally 3 times.	0.14	0.43	Knife-needle Acup + Massage	50	16	32.0%
					Massage	50	10	20.0%
Zhu, HZ (2006)236	mixed neck pain	Once every 5-7 days. 3- session is one course. Not exceed 3 sessions.	0.14	0.43	Knife-needle Acup	115	73	63.5%
					Acup	108	35	32.4%
Huang YF (2008)238	mixed neck pain	Once every other day. 10-session is one course. Totally one course.	0.50	5.00	Acup on Ji-quan point (pulling-inserting)	37	22	59.5%
					Acup on Ji-quan point (rotating)	36	9	25.0%
					Acup	34	11	32.4%
Wang XL (2008)239	mixed neck pain	30 times over 30 days.	1.00	30.00	E-Acup (on Shu Ci)	51	35	68.6%
					E-Acup	51	24	47.1%
Zhang, W (2005)240	mixed neck pain	9 times over 3 weeks	#REF!	#REF!	(Data not available)			
Fu ZH (2007)241	mixed neck	Fu's intradermal needle Acup.						

pain

Liang, Z (2009)242	mixed neck pain	Three sessions per week. Totally 9 sessions.	0.43	3.86	Acup	53	40	75.5%
					Far infrared light + shallow Acup	53	28	52.8%
Zheng, Ling (2005)243	mixed neck pain	Once a day. 15-session is one course. Maximum 2 courses.	1.00	30.00	Penetrating-through Acup	30	19	63.3%
					Acup	30	8	26.7%
Wang XL(2007)244	mixed neck pain	30 min. Once a day. 10- session is one course. Totally 3 courses.	1.00	30.00	Bai-hui acupoint long time retention + E-Acup	60	42	70.0%
					E-Acup	60	27	45.0%
Fu, W (2005)245	mixed neck pain	Twice a week. Totally 4 weeks.	0.29	2.29	Picking Acup	56	32	57.1%
					Acup	55	13	23.6%
					Local anesthesia on Acupoint	47	7	14.9%

LBP: lower back pain. Acup: acupuncture.

Number following authors name: the reference number in the Furlon D
(2010) review.

Course dose = times of acupuncture sessions within a week or within a healing course/days of the week or of
the course.

Total dose = course dose X total number of acupuncture
sessions.