

Attached list 5. Data from Linde K 2009 review.

Migraine (Based on Linde K, 2009)

Authors	Operator	Acup schedule	Average daily dose	Total dose	Medication allowed	Experimental groups	Number of participant	Pain before	Pain after	Pain reduction rate
Alecrim-Andrade J (2005)	(Data not available)									
Alecrim-Andrade J (2006)	physician	physician	0.29	2.29	Yes	Sham Acup (Inserted)	15	110	45	59.1%
						Acup	16	125	65	48.0%
Alecrim-Andrade J (2008)	Physician	16 Sessions within 6 months	0.09	1.42	yes	Sham Acup (Inserted)	19			17%
						Acup	19			19%
Allais G (2002)	Acupuncturists	30 min, weekly sessions for the first 2 months and then once a month for the next 4 months.	0.14	1.29	yes	Flunarizine	80	6.1	4.1	32.8%
						Acup	80	6.4	2.95	53.9%
Baust W (1978)	Data in Germany, not available.									
Diener HC (2006)	Acupuncturist	Twice a week for 4 weeks, then once a week for 8 weeks.	0.24	1.71	yes	St. Treatment	308	74.5	62.9	15.6%
						Sham Acup (Inserted)	339	73.8	60.9	17.5%
						Acup	313	73.7	57.7	21.7%
Doerr-Proske H (1985)	Data in Germany, not available.									
Dowson DI (1985)		Once a week for 6 weeks	0.14	0.86	yes	Acup	38			56%
						Sham TENS	39			30%

Facco E (2008)	Physician	30 min. Twice a week, 10 sessions as a course, for two courses, with a 1-week break between the 2 courses.	0.29	5.71	yes	R = Rizatriptan only.	34	24.8	9	63.7%
						SMA = standard mock acupuncture plus Rizatriptan;	31	22	7.5	65.9%
						RMA = ritualized mock acupuncture plus Rizatriptan;	30	22.1	5	77.4%
						TA = true acupuncture plus Rizatriptan;	32	22.2	2.1	90.5%
Jena (2008)	Physicians	15 sessions over 3 months	0.18	2.68	yes	Routine care	1447			8.6%
						Acup	1424			30.5%
Henry P (1985)	Data in Germany, not available.									
Hesse J (1994)	therapist	6 to 8 sessions for 17 weeks			yes	Triger point Acup + placebo tablet	38			
						Sham (not inserted) +Metoprolol	39			
Linde K (2005)	Physicians	30 min each, for 12 sessions over 8 weeks (2 sessions in each of the first 4 weeks, followed by 1 session per week in the remaining 4 weeks).	0.29	1.71	yes	Waiting list	76	5.6	5.6	0.0%
						Sham Acup. (inserted)	81	5.6	3.6	35.7%
						Acup	145	5.6	3.7	33.9%
Linde MA (2000)	(Physiotherapist ?)	Once or twice a week for 4-6 weeks, making a total of 7-10 sessions.	0.21	1.71	yes	Acup + medicine	20			
						Acup	19			
Linde MA (2005)	Physiotherapist	30 min. 3 sessions per month for 3 months	0.10	0.90	yes	Acup	15	4	4.1	-2.5%

						Sham (not inserted)	13	3.6	3.4	5.6%
Streng A (2006)	Physicians	8 to 15 sessions over 12 weeks	0.14	1.71	yes	Metoprolol	46	5.8	3.6	37.9%
						Acup	26	5.8	3.3	43.1%
Vickers AJ (2004)	Physiotherapists	12 treatments over 3 months	0.14	1.71	yes	Usual care	136	26.7	23.7	11.2%
						Acup	159	24.6	18	26.8%
Vincent CA (1989)		Once a week for 6 weeks.	0.14	0.86		Sham (inserted)		27.2	27.9	-2.6%
						Acup		27.8	18.8	32.4%
Weinschütz T (1993)	Data in Germany, not available.									
Weinschütz T (1994)	Data in Germany, not available.									
Wylie KR (1997)	(Data not available)									
Tension headache (Based on Linde K, 2009)										
Ahonen (1984)	Physiotherapist	4 sessions within 3 weeks	0.19	0.76	yes	Physiotherapy	10	65	55	15.4%
						Acup	12	50	45	10.0%
Carlsson 1990	Physicians	4 to 5 sessions over 2 to 4 weeks	0.21	0.96	Not mentioned	Acup or E-Acup	23	28	28	0.0%
						Phsiotherapy	20	50	26	48.0%
Endres HG (2007)	Physicians	10 sessions over 6 weeks	0.24	2.38	yes	Sham Acup (inserted)	200	67.5	60	11.1%
						True Acup.	209	68.3	57.6	15.7%

[Jena \(2008\)](#)

(Data is the same as above)

Karst M (2001) (Waiting for data)

Melchart D (2005)	Physicians	12 sessions over 8 weeks (2 sessions in each of the first 4 weeks, followed by 1 session per week in the remaining 4 weeks.) per week in the remaining 4 weeks)	0.21	1.71	yes	Waiting list	63	4.9	4.6	6.1%
						Minimal Acup	57	4.9	3.1	36.7%
						True Acup.	132	4.5	2.9	35.6%
Söderberg E (2006)	Physiotherapists	30-min treatment, 10–12 sessions during a period of 10–12 weeks.	0.14	1.71	Not mentioned	Physical	30	22.03	15.5	29.6%
						True Acup.	30	26.75	21.21	20.7%
Tavola (1992)	Physicians	30 min. Once a week for 8 weeks	0.14	1.14	yes	Acup	15	4.4	2.8	36.4%
						Sham Acup (inserted)	15	4.5	3.2	28.9%
<a href="#">White AR (1996)</a>	Physicians	Once a week for 6 weeks	0.14	0.86	yes	Acup Sham Acup (not inserted)	(Hard to interpretate)			
White AR (2000)	Acupuncturist	no retention of needles. once a week for 6 weeks, with 2 sessions in later 1 to 2 following up periods.	0.14	0.86	Not mentioned	Sham (not inserted)	23	42.1	39.3	6.7%
						Acup	23	38.6	29.9	22.5%

[Wylie KR \(1997\)](#) (Data not available)