

Attached list 6. Articles on migraine or tension headache from China (data expressed as improve rate)

Authors	Acup schedule	Average first- circle dose	Total dose	Experiment groups	Number of participants	Before	After	Improvement
姚彩华 (2015)	30 min. Once a day. 10- session is one course.	1	20	Herbs	40	7.6	5.41	28.8%
				E-Acup	40	7.58	3.34	55.9%
宋玉芳 (2012)	Once every other day for 8 weeks.	0.5	14	ibuprofen	30	399	266	33.3%
				Penetrating- through Acup	30	387	192	50.4%
杨雄庆 (2013)	30 min. 10-session is one course. Totally 2 courses.	1	20	Flunarizine	28	7.1	4.1	42.3%
				E-Acup	30	7.2	2.4	66.7%
刘敏 (2013)	30 min. Once a day. 30- session is one course.	1	30	ibuprofen	40	20.21	12.32	39.0%
				Acup + ibuprofen	40	20.12	9.31	53.7%
林仕彬 (2013)	40 min. Once a day. 10- session is one course.	1	30	Sibeline capsule	34	7.7	4.2	45.5%
				Sibeline capsule + 针刺	36	7.6	2.7	64.5%
卢金荣 (2014)	Once a day. 10-day is one course.	1	20	Nimodipine	48	5.79	3.76	35.1%
				E-Acup	48	5.81	2.17	62.7%
杨雄庆 (2013)	30 min. Once every other day. 10-session is one course. Totally 2 courses.	0.5	10	Sibeline capsule (盐酸氟桂利嗪 胶囊)	28	7.1	4.1	42.3%
				Acup	30	7.2	2.4	66.7%
宋春华 (2013)	30 min. Once a day. 7- session is one course.	1	14	Acup	30	3.57	2.03	43.1%
				Headache point	30	3.64	1.03	71.7%

				(cutting technique)				
吴敬 (2013)	30 min. Once a day. 14-session is one course. Totally 2 courses.	0.7	20.6	Acup	50	3.6	2.56	28.9%
				Mind-waking-sense-sharpping				
				Acup + Miao Acup	50	3.48	1.96	43.7%
李璇 (2013)	Twice or three times a week. One-month is one course. Totally 3 mouths.	0.4	30.0	Acup	20	5.88	3.59	38.9%
				Picking acup + Cupping	20	5.91	3.18	46.2%
杨薛萍 (2015)	30 min. Once a day. 10-session is one course.	1.0	20.0	Acup	41	7.62	5.34	29.9%
				Acup + herbs	41	7.51	3.49	53.5%
章海凤 (2013)	30 min. Once a day. 5-session is one course. Have 2 day break before next course. Totally 4 courses.	0.7	14.3	Sham Acup (not-acupoint-not-meridian points)	29	5.29	4.74	10.4%
				Acup (Shaoyang meridian acupoints)	30	5.6	3.25	42.0%
万明雨 (2013)	30 min. Once a day. 5-session is one course. Continue for 2 courses. Have 2 days bread in between.	0.8	10.9	Sham Acup (not-acupoint-not-meridian points)	14	6.41	4.73	26.2%
				Aup	14	6.31	3.19	49.4%

Acup: Acupuncture.